

# Online Voice Evaluation Instructions

Hello, we're trying our best to accommodate our patients in these difficult times and we are happy to see you virtually because there are so many benefits! Here are the instructions and a few tips to make your Telehealth Evaluation smooth and effective.

During this Evaluation we'll have you record 4 different Audio Recordings. So, please have your phone/tablet ready on the recording feature.

**Audio 1:** Sustain "aaaa" as long as you can at a comfortable pitch and comfortable volume level

**Audio 2:** Read the rainbow passage in a normal voice (passage can be found on our website: [atempovoicecenter.com](http://atempovoicecenter.com)> Schedule your Initial Evaluation > I'm a patient starting my online Evaluation)

**Audio 3:** Voice the sound "aaa" starting with normal pitch going to the highest pitch possible

**Audio 4:** Voice the sound "aaa" starting with normal pitch going to the lowest pitch possible

For Singers ONLY: Audio 5: Record a sample of your singing

Please email these recordings to [info@atempovoicecenter.com](mailto:info@atempovoicecenter.com). The prompt delivery of these recordings will ensure timely correspondence to your care provider and help the evaluation run smoother.